



MENTAL HEALTH COURSE WAIVER

IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION
8011 Ustick Rd, Boise, ID 83704, Phone #: 208-375-7027, Email:
admin@idhsaa.org

The requirement to take the NFHS's "Mental Health and Suicide Prevention" course may be waived if a school already has a sufficient course in place. This form and a COPY OF THE CURRENT COURSE CURRICULUM must be submitted to the IHSAA by the deadline. **This form is to be completed by the administrator of the school or district that is seeking to waive the requirement. Complete all items requested on this form. Requests will only be considered if a copy of the current course curriculum is attached.**

School/District Administrator _____ Date _____

High school _____

- Is the course required *at least* every even numbered school year? Yes No
- Is this course required by **all** coaches at the school? Yes No
- Does the course have a **mental health** component? Yes No
- Does the course have a **suicide prevention** component? Yes No
- Does the course have an **anxiety** component? Yes No
- Does the course have a **stress** component? Yes No
- Does the course have a **depression** component? Yes No

DO NOT WRITE IN THIS SPACE
(MUST HAVE STAMP TO BE OFFICIAL)

Approved by _____ Date _____

Approved _____

Restrictions (if applicable)

Denied _____

No Action _____
